

A close-up photograph of several pink Dianthus flowers with five petals each, set against a blurred green background.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
15	16	17	18	19	20	21
<p>8:30 Water Aerobics (Pool)</p> <p>10:00 Yoga with Kaye (TH)</p> <p>10:00 Sign Language Class (OPR) (Canceled)</p> <p>10:00 Pre Pinnacle Council Meeting (OPR)</p> <p>11:00 Chair Exercise (TH)</p> <p>11:00 Shopping at Walmart-- Meet in lobby at 10:45</p> <p>1:00 FUN Art (OPR)</p> <p>1:30 Mexican Train (FHL)</p> <p>2:00 42 (FIT)</p> <p>2:00 Advanced Line Dancing (TH)</p> <p>3:30 Village Meet and Greet (TH)</p>	<p>10:00 Village Council Meeting (CH)</p> <p>10:00 Strong and Steady (TH)(Self led)</p> <p>10:00 American Sign Language Class (OPR)</p> <p>10:30 Natural Bridge Wildlife ranch. (RESCHEDULED) Load time 10:00</p> <p>11:00 Brain Games (L) (Self Led)</p> <p>1:00 Mahjong (FHL)</p> <p>1:00 Water Aerobics (Pool)</p> <p>2:00 Rosary Service (CH)</p> <p>3:00 Beers & Ears (TH)</p> <p>7:00 New Braunfels Community Chorale "Good Ole Country Music." (CH)</p>	<p>9:00 Pinnacle Council Meeting (TH)</p> <p>10:00 Yoga with Janie 10:45 Shhh! Surprise Going Away Celebration (CH)</p> <p>11:15 Chair Exercise (TH)</p> <p>1:00 Chair Volleyball (CH)</p> <p>12:00 Dementia Caregivers Support Group (TH)</p> <p>1:00 Men's Poker (OPR)</p> <p>2:00 B-I-N-G-O (GP)</p> <p>3:00 Scrabble (GP)</p> <p>3:00 "A Touch of Luxury" by Rejuva Haven Estheticians. (TH)</p> <p>6:00 Super Duper Samba (FHL)</p>	<p>8:30 Water Aerobics (Pool)</p> <p>9:00 Seekers and Sponges Study Group (FHL)</p> <p>9:30 Shopping at HEB – Meet in the lobby at 9:15</p> <p>10:00 Strong and Steady (TH)</p> <p>10:00 Sign Language (OPR)</p> <p>11:00 Brain Games (L)</p> <p>1:00 Water Aerobics (Pool)</p> <p>1:15 Bible Study led by Bill Eubank (FHL)</p> <p>2:00 Friendly Chess Club (OPR)</p> <p>2:00 Advanced Line Dancing (TH)</p> <p>2:00 Teaching Kitchen: Mushrooms. (TD)</p> <p>3:00 Coloring & Conversation (L)</p> <p>6:00 Phase 10 (FHL)</p>	<p>9:00 Gym Circuit Class (Gym)</p> <p>9:00 Men's Stretch with Caleb (TH)</p> <p>10:00 Yoga with Luanne (TH)</p> <p>10:00 Sign Language (OPR)</p> <p>11:00 Chair Exercise (TH)</p> <p>1:00 FUN Art (OPR)</p> <p>1:00 Chair Volleyball (CH)</p> <p>1:30 Mexican Train (FHL)</p> <p>2:00 B-I-N-G-O (TH)</p> <p>3:30 Happy Hour BYOB (GP)</p> <p>6:00 Samba (FHL)</p> <p>6:00 Bridge (OPR)</p>	<p>1:30 Pay the Man (FHL)</p> <p>4:00 Catholic Mass with Father Mike Pinemann (CH)</p>	<p>10:00 Sunday Worship Service (CH)</p>

KEY

Red: Outings Blue: Staff-led

Black:Resident-led -Closed Group

Yellow: Resident-led Open Group

FIT= Fitness Room TH= Town Hall



GP=Gathering Place BP=Bistro Patio

OPR= Opportunities Room CH=Chapel

FHL= Foothills Lounge L=Library

A woven brown basket filled with a variety of fresh vegetables. Visible items include several orange carrots, a head of green broccoli, a yellow corn cob, a red tomato, and some green leafy vegetables. The basket is set against a plain white background.


Outings (labeled in red) require sign-up in the Activities Binder and you must be signed up 48 hours before the outing.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
22	23	24	25	26	27	28
<div>EARTH DAY</div> <div>8:30 Water Aerobics (Pool)</div> <div>10:00 Yoga with Kaye (TH)</div> <div>10:00 American Sign Language Class (OPR)</div> <div>11:00 Chair Exercise (TH)</div> <div>11:00 Shopping at Walmart-- Meet in lobby at 10:45</div> <div>1:00 FUN Art (OPR)</div> <div>1:30 Mexican Train (FHL)</div> <div>2:00 Advanced Line Dancing (TH)</div> <div>2:00 42 (FIT)</div> <div>3:00 Living Through Loss (TH)</div>	<div>10:00 Strong and Steady (TH)</div> <div>10:00 American Sign Language Class (OPR)</div> <div>11:00 Brain Games (L)</div> <div>1:00 Mahjong (FHL)</div> <div>1:00 Water Aerobics (Pool)</div> <div>2:00 Rosary Service (CH)</div> <div>2:30 Reader's Theatre (FIT) (Canceled)</div> <div>7:00 Bunco (FHL)</div> <div></div>	<div>10:00 Yoga with Luanne (TH)</div> <div>11:00 Chair Exercise (TH)</div> <div>1:00 Men's Poker (OPR)</div> <div>1:00 Chair Volleyball (CH)</div> <div>2:00 B-I-N-G-O (TH)</div> <div>2:00-3:00 EdenHill's "Chopped" competition (Terrace Dining)</div> <div></div> <div>3:00 Scrabble (GP)</div> <div>6:00 Super Duper Samba (FHL)</div>	<div>Water Aerobics (Pool)</div> <div>9:00 Seekers and Sponges Study Group (FHL)</div> <div>10:00 Sign Language Class (OPR)</div> <div>9:30 Shopping at HEB – Meet in the lobby at 9:15</div> <div>10:00 Strong and Steady (TH)</div> <div>11:00 Brain Fitness (L)</div> <div>1:00 Water Aerobics (Pool)</div> <div>1:15 Bible Study led by Bill Eubank (FHL)</div> <div>2:00 Friendly Chess (OPR)</div> <div>2:00 Gals and Games (FHL)</div> <div>2:00 Advanced Line Dancing (TH)</div> <div>3:00 Coloring & Conversation (L)</div> <div>6:00 Phase 10 (FHL)</div>	<div>9:00 Gym Circuit Class (Gym)</div> <div>9:00 Men's Stretch with Caleb (TH)</div> <div>10:00 Yoga with Luanne (TH)</div> <div>10:00 Rio Mobile from the New Braunfels Library (GP)</div> <div>10:00 Sign Language (OPR)</div> <div>11:00 Chair Exercise (TH)</div> <div>1:00 Chair Volleyball (CH)</div> <div>1:00 FUN Art (OPR)</div> <div>1:30 Mexican Train (FHL)</div> <div>2:00 B-I-N-G-O (TH) (Canceled)</div> <div>2:00 Levels of Care (CH) Very IMPORTANT</div> <div>3:30 Happy Hour BYOB (GP)</div> <div>6:00 Samba (FHL)</div> <div>6:00 Bridge (OPR)</div>	<div>1:30 Pay the Man (FHL)</div> <div>4:00 Catholic Mass by Father Mike Peinemann (CH)</div>	<div>10:00 Sunday Worship Service (CH)</div>
<div>KEY</div> <div>Red: Outings Blue: Staff-led</div> <div>Black:Resident-led -Closed Group</div> <div>Yellow: Resident-led Open Group</div> <div>FIT= Fitness Room TH= Town Hall</div> <div>GP=Gathering Place BP=Bistro Patio</div> <div>OPR= Opportunities Room CH=Chapel</div> <div>FHL= Foothills Lounge L=Library</div>						

April 15-21, 2024


Village Meet and Greet

Stop by TownHall and get to know your neighbors. This resident led activity is a monthly social hour for all Village residents. Bring a drink and a snack to share. This month there is a new icebreaker, so don't miss it. Monday, April 15th at 3:30 PM in TownHall.



DOC TALK WITH DR. SALLY

BEERS & EARS



TUESDAY APRIL 16

SNACKS - BEER - ROOTBEER

**JOIN US AT 3:00
IN TOWNHALL ROOM**

Rejuva Haven “A Touch of Luxury”

Discover how the quiet hours of the night can be the best ally for your skin's health and beauty. Reveal the secrets of your skin's overnight transformation with strategies for a radiant morning glow. Learn how restorative sleep and targeted skincare combat stress and aging. Join us for a facial demonstration on Wednesday, April 17th at 3:00 PM in TownHall.



Natural Bridge Wildlife Ranch (Rescheduled)

Natural Bridge Wildlife Ranch is a rand and wildlife refuge in Texas. The ranch is a Texas Land Heritage Property, certified by the State of Texas for being used for agriculture by the same family for over 100 years. While it is next to the caverns, it is not affiliated with Natural Bridge Caverns.

A trip to a Natural Bridge Wildlife Ranch, on Tuesday, April 16th at 10:00 AM, offers a unique opportunity to observe animals in their natural habitat. Visitors can witness various species up close, promoting a greater appreciation for wildlife conservation efforts. Additionally, interacting with these animals can provide valuable educational experiences, especially for children interested in learning about different species and ecosystems.

New Braunfels Community Chorale
★Presents★

Good Ole

**COUNTRY
MUSIC**

**Free Mini
Concert
Tuesday,
April 16th
at 7:00
PM in the
Chapel**

YOU DROP SOMETHING
WHEN YOU WERE YOUNGER,
YOU JUST PICK IT UP.

WHEN YOU'RE OLDER AND
YOU DROP SOMETHING, YOU
STARE AT IT FOR A BIT
CONTEMPLATING IF YOU
ACTUALLY NEED IT
ANYMORE.


April 21-28, 2024

Living Through Loss

It is our monthly Living Through Loss support group. This group is led by our very own Chaplain Sarah Currie. Join Sarah and other friends and neighbors as she helps you navigate through the grief process. This support group can help with all different kinds of loss. Monday, April 22nd at 3:00 PM in TownHall.

“Grief is not a problem. It doesn't need solutions. Seeing grief as an experience that needs support, rather than solutions, changes everything.”
— Megan Devine, *It's OK That You're Not OK*

- Coming soon...save the date...**

 - April 29th Lunch out to Italian Garden in Canyon Lake
 - April 30th Fredericksburg Day Trip
 - May 2nd Senior Day in the Park
 - May 7th Quarterly Safety Meeting **Highly Recommend**
 - Mother's Day Fashion Show....Date TBD
 - May 14th Tom Jackson: History of Scotland 3:00 PM TownHall
 - June 7th Blanco Lavender Festival
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SAVE THE DATE SAVE THE DATE SAVE THE DATE SAVE THE DATE

EdenHill and Morrison Dining Services Presents: “Chopped: Daniel vs. Guy”

It's the newest activity presented by our very own Dining team. If you missed the last two competitions, don't miss this one. Guy has already been smack talking and Daniel said “I will let my work speak for itself”. It is sure to be one heck of a showdown!!!
Don't miss the next Chopped!
Wednesday, April 24th at 2:00 PM in Terrace Dining

Levels of Care

The Leadership team at Eden Hill is excited to share information about the various levels of care offered here. They will cover admissions, insurance, short-term rehab. This opportunity will provide valuable insights for those interested in the services available at EdenHill. If you have not been to one of these bi-annual presentations, we highly encourage you to attend. Join us on Friday, April 26th at 2:00pm in the Chapel.

